

**LEICESTER CITY HEALTH AND WELLBEING BOARD
DATE**

Subject:	Leicester Health and Wellbeing Survey (adults)
Presented to the Health and Wellbeing Board by:	Gurjeet Rajania
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Does the report concern any of the below groups?				
Severe Illness	Mental	Learning Disability	Homelessness	Care Experience Children and Young People
<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

EXECUTIVE SUMMARY:

The Leicester Health and Wellbeing Survey 2024, conducted by DJS Research for Leicester City Council, provides a snapshot of health and wellbeing for residents aged 16 and over. It follows similar surveys from 2010, 2015, 2018, and youth-focused surveys in 2017 and 2021.

A key purpose of the survey is to monitor health inequalities across the city and help identify those who are most in need. This will then inform the council and partners' commissioning, service planning and policy making to improve health and wellbeing.

DJS Research surveyed 2,100 residents aged 16 and over in Leicester between April and October 2024. Quotas (based on 2021 Census) were set to ensure the sample was representative of Leicester's population.

The report includes an Executive Summary and sections on the following topics:

- General health and access to health services
- Mental health and wellbeing
- Diet and physical activity
- Smoking, vaping and alcohol consumption
- Gambling
- Financial issues
- Carers
- Sexual Health
- Local place
- Housing.

Overall the survey shows a positive picture of health and wellbeing, with residents more likely to rate their health as good, most residents feel they have a support network they can rely on in difficult times, and four in five residents say they tend to bounce back quickly after hard times

The survey also identifies several health and wellbeing challenges facing Leicester residents. Nearly a quarter of residents have faced difficulties paying their food and energy bills in 2024, more than double the 2018 figure, residents face challenges in accessing medical services, particularly for NHS dentists and GPs, and one in seven have an alcohol consumption classification of 'increasing risk' or higher for harmful drinking.

The full report (attached) contains further details and insights.

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to:

- Review the findings of the Health and Wellbeing Survey.
- Promote the use and dissemination of this unique dataset within your own organisations and in the wider voluntary and community sector.
- Consider the implications of the findings for your service areas.
- Provide recommendations on further interrogation and analysis of the survey dataset.